

Safety rules and guidelines

- **DO NOT** sit, stand, or lie on the lid or allow children/dogs on the lid, as all damage will be charged.
- Please take a shower as perfumes, hair products, and fake tan can contaminate the water and use the toilet prior to entering the tub.
- Please ensure your feet are clean before entering the tub and brush off any mud/grit from your feet before entering the water.
- Remember that wet surfaces can be very slippery, take care entering and leaving the tub.
- **DO NOT** jump into the hot tub.
- **DO NOT** use the tub immediately after strenuous exercise.
- Use net to remove any debris.
- Use the paddle to mix up the warm water and test the water with your hand/thermometer before entering the tub to make sure it is comfortable.
- Water temperatures between 34°C – 35°C are recommended. **DO NOT** use the hot tub if the water temp exceeds 40°C.
- **DO NOT** submerge your head under the water, do not drink the water, or allow the water to enter your mouth.
- Please lift the lid carefully, using the handles with two hands, **DO NOT lift the lid using the skirt, central insulating tabs or locking straps**; and place the lid carefully in the signed area beside the tub against the balustrade.
- Please treat the tub as if it was your own, as maintenance is very expensive. **Any damage to the cover or tub will need to be charged for.**
- **Failure to maintain a clean tub may result in the need to drain down, sanitise, and re-fill. Guests should be aware that failure to maintain a clean pool will result in a £50 charge. Drain downs are only possible if we are available and at a time not crucial to other guests' water supply/use.**
- **Risk to children** – extreme caution must be exercised to prevent unauthorised access by young children. The tub cover must remain closed and locked at all times unless a responsible adult is present.
- **Extreme caution** is advised if **children under 4 years** old enter the tub, as they cannot regulate their body temperatures suitably.
- **All children under 16** using the tub must never be left alone and at all times be supervised by a responsible adult.
- People with infectious diseases should not use the tub. **DO NOT** use the hot tub if you have any rashes, broken skin or have experienced diarrhoea, vomiting or flu symptoms in the last 48 hours.
- The use of drugs, alcohol, or medication before or during tub use, may lead to a danger of drowning.
- Persons using medication should consult their doctor before using the tub. Some medications may cause drowsiness, do not use the tub if your medication induces drowsiness, and affects your heart rate, blood pressure or circulation.
- Pregnant women and persons suffering from obesity, heart disease, low or high blood pressure, circulatory problems, or diabetes should consult a doctor before using the tub.
- Prolonged immersion in hot water can result in hyperthermia – a dangerous condition that occurs when the internal body temperature exceeds 37 degrees centigrade. Symptoms include unawareness of impending hazards, failure to perceive heat, failure to recognise the need to exit the tub, and unconsciousness resulting in a danger of drowning.

- It is recommended that bathers do not exceed 20 minutes of immersion at a time. It is not advised to use the hot tub alone.
- If any allergic reaction occurs leave the hot tub and rinse off in the shower go to a local doctor or A&E.
- No incontinent person may use the hot tub, either with or without a waterproof nappy.
- It is recommended that the hot tub is not used after a heavy meal.
- Keep all loose articles of clothing or hanging jewellery away from inlets and outlets.
- **DO NOT** use any glass wear or crockery in or near the tub. If glassware is broken and this results in the hot tub being drained, cleaned, and re-filled, there will be a £50 charge incurred by the lead booker.
- **DO NOT** allow any pets in the tub.
- **DO NOT** use detergent or soaps of any kind in the tub.
- The tub is very deep; **DO NOT** allow anyone to sleep in it.
- **Please be aware that the hot tub must not be used after 10.30 pm as this may cause a nuisance to neighbours.** Please be considerate to guests in the neighbouring lodges.
- Tubs must only be fuelled by wood provided by us specifically for hot tub use.
- Bathers must not exceed the maximum number permitted in the hot tub (6)
- Take care when entering and leaving the hot tub. When leaving the hot tub leg muscles may be relaxed enough to make you unsteady.

Safety Rules

- Shower before using tubs.
- Please lift the lid carefully, using the handles.
- **DO NOT** lift the lid using the skirt, central insulating tabs or locking straps.
- Use the paddle to stir up water and check temperature is 34-35 degrees.
- **DO NOT** use the hot tub if the water temp exceeds 40°C.
- **NEVER** close the lid with bathers in the tub.
- **NEVER** allow children U16 to use the tub unattended.
- **DO NOT** use oils, soaps or any detergent in the water.
- **DO NOT** eat food or smoke in the tub.
- Ensure feet are clean before entering the tub.
- **DO NOT** introduce mud, stones, grass, sticks, grit etc. into the tub.
- **DO NOT** jump into the water or play ball games.
- **DO NOT** sit, stand, or lie on the lid or allow children/dogs on the lid, all damage will be charged.
- **DO NOT** allow any pets in the tub.
- Maximum of 6 persons in the tub.
- **FOR SAFETY** close and lock the lid after use and to keep the water warmer for your next use.
- **DO NOT** use after 10.30 pm.

Very Important – Please Note

- You use the Hot Tub at your own risk.
- Lower Keats Glamping cannot be held responsible for your safety whilst you are using the Hot Tub.
- We reserve the right to remove the use of the tub at any time during your stay (without a refund) if we find that these guidelines and safety rules have not been followed correctly.
- Should our hot tub become contaminated a £50 charge will be made to the lead guest.

The lead guest is responsible for making sure that all members of their party are aware of, and strictly adhere to the tub safety rules and guidelines prior to use and when going through the lodge booking process, you will have to click that you agree to our t/c's.

This policy is effective as of 1 March 2023